YMCA YOUTH DEPARTMENT NOVEMBER 2026 NEWSLETTER



Liverpool YMCA Youth Centre
40 Water Street, Liverpool
902-530-3352

Open on a walk-in basis during program hours. Youth Centre offer free use of Wi-Fi, computers, board games, video games, pool tables, snacks, laundry facilities, and personal care and resource items..

Thank you to our funders:

NOVA SCOTIA · Nourish · South Shore Regional Centre for Education · nova scotia health authority · Queens

November

Shine On Southwest Nova Scotia

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Youth Leader Program 2:30 -5:00PM	4 Chill Zone 2:30 -5:30PM	5 Food & Fun 2:30 -5:30PM	6	7
8	9	10 Youth Leader Program 2:30 -5:00PM	11 **No Program due Veterans Day**	12 Food & Fun 2:30 -5:30PM	13	14
15	16	17 Youth Leader Program 2:30 -5:00PM	18 Chill Zone 2:30 -5:30PM	19 Food & Fun 2:30 -5:30PM	20	21
22	23	24 Youth Leader Program 2:30 -5:00PM	25 CLT Chill Zone 1:00-2:30PM Chill Zone 2:30 -5:30PM	26 Food & Fun 2:30 -5:30PM	27 Brave Spaces for Youth Bowling 4:00PM - 6:30PM	28
29	30					

Updates, Youth Leader Events, and Monthly Highlights

Youth Leader Volunteer Event

Youth Leader program Dates: November 3,10,17,24 Dec 1, 8 and Youth leader Celebration Dec 15th Topic - Health and Wellbeing Skill Development Sessions Time:2:30 -5:00PM

Monthly Highlights You Shouldn't Miss

We will be closed November 11th for Vetreans Day
November 25 We will be hosting CLT Chill Zone from 1:00-2:30PM

Brave Spaces for Youth is a monthly wellness initiative for 2SLGBTQIA+ youth, allies or peers in high school in Queens County.
The first Brave Space for Youth event will be Friday, November 27 at the Liverpool Bowling Centre from 4:00PM - 6:30PM
Ligh refreshment will be provied.
To register please contact Jo-anne Ferrier, Youth Outreach Worker email jo-anne.ferrier@ns.ymca.ca Cell - 902-298-5537
Space is Limited

Shine On Southwest Nova Scotia

Youth Centre Program Descriptions
For information on Youth Centre programs, please contact Serena Meaney, Assistant Youth Director, serena.meaney@ns.ymca.ca or call 902-298-5512.

Liverpool YMCA Youth Centre

Program	Description	Ages	Time	Location
Youth Leader Program	Participate in leadership training through skill development sessions, teamwork activities, and volunteering in the local community.	12 – 18 years	Tuesdays 2:30-5:00 PM	40 Water St.
Chill Zone	Chill and enjoy everything the youth centre has to offer!	12 – 26 years	Wednesdays 2:30 -5:30PM	40 Water St.
Food & Fun	Enjoy a hot meal, hang out with friends, and relax in a welcoming space.	12 – 26 years	Thursdays 2:30 -5:30PM	40 Water St.

Youth Outreach Program

Description: This program offers community-based support for vulnerable youth, with a focus on helping young people meet their social, economic, health, and educational goals. Our staff can travel to meet youth where they are and offer one-on-one support that is tailored to each youth's needs.

Eligibility	Youth ages 12 to 26 in Lunenburg or Queens County
How to refer	Youth 16+ can self-refer. Youth under 16 must be referred by a social worker.
Contact	To make a referral, contact Kim Whitman-Mansfield – kim.whitman-mansfield@ns.ymca.ca / 902-212-1179

Youth Educational Support Program

Description: This program aims to provide equity-deserving students with wrap-around support to help them navigate learning barriers and improve their educational success. Our staff can offer regular one-on-one check-ins, mentorship, life skills workshops, resources for emotional wellbeing, and support with accessing community-based services.

Eligibility	Students in Grades 11, 12, or first year of post-secondary, in Lunenburg or Queens County
How to refer	Youth can self-refer or be referred by a service provider.
Referral	Emily Irvine – emily.irvine@ns.ymca.ca / 902-298-2738 James Buteau – james.buteau@ns.ymca.ca / 902-298-3925